

Process of Kheeri Making from Ragi Laddu Mix

- ① Take Ragi Laddu mix and heat it in a pan for 2 to 3 minutes.
- ② Add water / milk as available with Ragi Laddu Mix in the pan and stir it well to avoid any lumps. Cook for at least 2 minutes.
- ③ The quantity of water should be twice the quantity of the Ragi Laddu Mix. (Water:Ragi Mix = 2:1)
- ④ Give the mixture a mild boil till everything blends well and serve.
- ⑤ Kheeri once made should be consumed on the same day.



Instructions for using Ragi Laddu Mix at home



Supported by: District Mineral Foundation, Keonjhar

Process of Laddu Making from Ragi Laddu Mix

- ① Take Ragi Laddu mix and heat it in a pan for 2 to 3 minutes.
- ② Add water with Ragi Laddu Mix in the pan or heat water separately and add to the heated mix in a vessel. Mix everything well with hands to avoid any lumps.
- ③ The quantity of water should be 1/5th of the Ragi Laddu Mix quantity. (Water: Ragi Mix = 1:5)
- ④ Bind the mixture in Laddu shape while it is hot.
- ⑤ Laddus once made should be consumed on the same day.



Process of Barfi Making from Ragi Laddu Mix

- ① Take Ragi Laddu mix and heat it in a pan for 2 to 3 minutes.
- ② Add water with Ragi Laddu Mix in the pan and stir it well to avoid any lumps. Cook for at least 2 minutes.
- ③ The quantity of water should be equal to quantity of the Ragi Laddu Mix. (Water: Ragi Mix = 1:1)
- ④ Take a plate and grease the plate with oil.
- ⑤ Now spread the mixture in equal thickness and cool for about 10 minutes.
- ⑥ Cut in desired shape and serve.
- ⑦ Barfi once made should be consumed on the same day.

